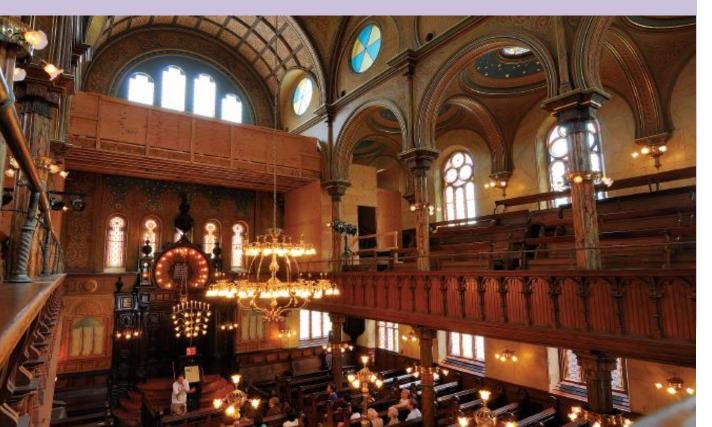
My paternal grandparents immigrated to Western Europe from Lithuania at the turn of the twentieth century to escape the effects of anti-Semitism and grinding poverty. My mother was born and brought up in Frankfurt-am-Main, Germany. She fled Germany at the end of June 1939, a refugee from Nazi persecution. She and her father were the only members of my maternal line to survive, the rest of the family are numbered among the millions of Jews murdered in the Holocaust. We live in a predominantly secular world, where religion and spiritual values are often assigned a very low priority. But, for me, my Jewish faith and family history have shaped and defined my identity. I attach great value to the traditions of democracy, freedom of speech, and equality before the law. I also feel a personal responsibility to contribute to building a better understanding and harmonious relations between the Jewish community and the non-Jewish majority among whom we live.

I also think I am incredibly lucky to be Jewish. I draw inspiration from the courage and fortitude with which my mother confronted both the difficulties of her childhood and the humiliation and poverty of being a refugee. No less inspiring is the example of friends who are Holocaust survivors. They are often the sole surviving members of their families, whose homes and communities were completely destroyed. Their suffering and loss is unimaginable. They were brutalized and terrorized solely because they were born Jewish. Yet despite all this, so many of the survivors have chosen to renew and rebuild their lives firmly rooted in the Jewish faith and tradition into which they were born. This, for me, is proof of the eternal and enduring nature of their Jewish faith. The triumph of their humanity is truly inspiring.

Many of those murdered in the Holocaust were condemned in part because of the failure of so many countries, including the Western democracies, to take in Jewish refugees. So for me, and most Jews living in the diaspora (that is, Jews who live outside the borders of Israel), Israel represents a life insurance policy, a place of safety to which we can go if we feel we are once again endangered by anti-Semitism. Israel is, therefore, very important for the worldwide Jewish community. I have visited Jerusalem twice. It is at the heart and geographical centre of the Jewish world. Synagogues around the world are all built facing Jerusalem. The festival of *Hanukkah* and the fast days of *Tevet*, *Tammuz*, and *Av* have their origin in the sieges of Jerusalem and the desecration of the Temple. Each time I prayed at the *Kotel* – formerly known as the 'Western Wall' or 'Wailing Wall' – I sobbed uncontrollably.





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For me Judaism is not just a religion, but a complete and distinctive way of life. It defines my relationship with God, my relationship with other people, Jewish and non-Jewish, and my obligations as a human being. The central and defining principal of Judaism is belief in a single God who is responsible for the creation of the universe and everything in it. The foundation of Judaism is the Torah, also known as the Five Books of Moses. I remember as a five-year-old schoolboy going after school to *cheder*, where I was taught to read Hebrew. At school I had to attend assembly each morning for Christian prayers, while at home, at the synagogue, and at *cheder* I was expected to follow Jewish religious practice and traditions. For a few years I found this mixture of Jewish and Christian teaching all very confusing, especially when one day at school I was beaten up because, according to my accuser, I had 'murdered little Lord Jesus'!

Every Jew is obliged to obey the law of the land, to do all they can to preserve human life, *pikuach nefesh*, and give to charity. This includes not only donations of money or goods, but acts of kindness, the promotion of education, and caring for the sick, needy, and elderly. On *Shabbat*, Jews are obliged to refrain from all forms of work: using machines, operating mechanical or electrical equipment, cooking, handling money, and travelling in a vehicle. For me, *Shabbat* is the one day of the week to which I always look forward: it is truly a day of physical and spiritual renewal.

DAVID ARNOLD