Table of Contents

- 1. Painful pastoring
- 2. Burnout and codependence
- 3. Personalities and codependence
- 4. The church and codependence
- 5. Holiness and spirituality
- 6. Becoming gospel-centered
- 7. Developing spiritual maturity
- 8. Regaining balance
- 9. Stretching and bridging
- 10. Knowing the boundaries
- 11. Becoming empowered
- 12. Un-trashing the temple